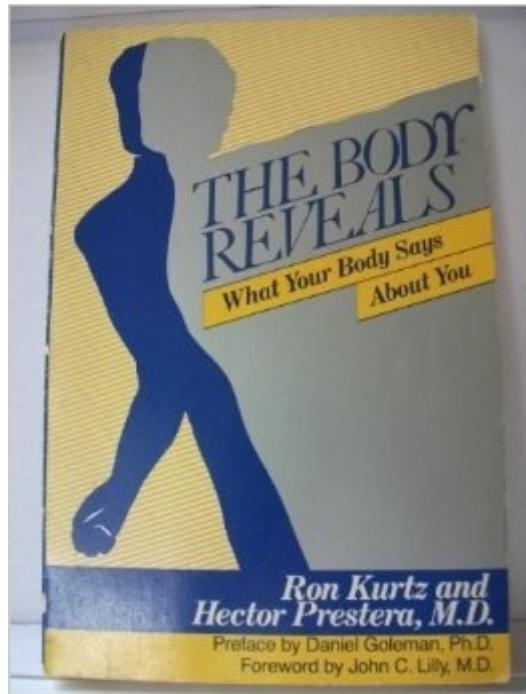


The book was found

The Body Reveals What Your Body Says About You



Synopsis

As illustrated. Covers and spine clean, bright and intact with sl handling wear. Text clean and unmarked.

Book Information

Paperback: 149 pages

Publisher: Harpercollins (April 1984)

Language: English

ISBN-10: 0062504886

ISBN-13: 978-0062504883

Product Dimensions: 0.8 x 6.2 x 9.2 inches

Shipping Weight: 8.8 ounces

Average Customer Review: 4.7 out of 5 starsÂ See all reviewsÂ (6 customer reviews)

Best Sellers Rank: #929,331 in Books (See Top 100 in Books) #108 inÂ Books > Parenting & Relationships > Family Health #2139 inÂ Books > Health, Fitness & Dieting > Psychology & Counseling > Personality #219345 inÂ Books > Reference

Customer Reviews

This book, along with Dychtwald's Bodymind, was a mainstay back in the 80s for learning and teaching about reading the body and how the body expresses psychological patterns. However, it has become a bit dated. A more up to date book (2nd edition just released) that also takes a more broad based and in depth approach to exploring the bodymind connection is The Psychology of the Body by Elliot Greene and Barbara Goodrich-Dunn an essential book for those who work with the body, e.g., massage therapists, bodyworkers, physical therapists, somatic educators, etc. It doesn't delve into body reading as much, but goes into much more depth about the interconnection of the mind and body, how touch affects the bodymind, emotional release, and ethics from a body based point of view. In this sense, it is much more comprehensive and complements Body Reveals for those who want to know more about this subject.

This is a very old book, and it really has great information. In the reprinting or updating, the authors would do us all a great service by getting more specific. In the images, I often can't easily "see" the lines or details of what the authors are describing. It would be nice to include arrows or just get more clear with their verbal descriptions of the patterns they are pointing out in a physical body.

loved this one!Ron Kurtz good stuff!for bodyworker!get the endless web by Schultz and body secrets by mcfarland and of course Pleasure by alexander lowen! top of the top for this last one!

[Download to continue reading...](#)

The Body Reveals What your Body Says About You The Book of Birthdays: What the Day You Were Born Reveals About Your Love Life, Your Career, Your Special Destiny! Body Language: Body Language Training - Attract Women & Command Respect, by Mastering Your High Status Body Language (Body Language Attraction, Body Language ... Language Secrets, Nonverbal Communication) Splat Says Thank You! (Splat the Cat) BODY BUTTER: Homemade Body Butter Recipes - 30 DIY Body Butter Recipes For Softer, Healthier, And More Radiant Skin (Body Butter, Body Butter Recipes, natural remedies) Banned Body Language Secrets: EX CIA Agent Reveals How To Read Anyone Like A Book And Master The Art Of Non-Verbal Communication What The Bible Says About Grieving Alignment Matters: The First Five Years of Katy Says Lucy Libido Says.....There's an Oil for THAT: A Girlfriend's Guide to Using Essential Oils Between the Sheets (1) (Volume 1) Caetana Says No: Women's Stories from a Brazilian Slave Society (New Approaches to the Americas) How Jews Became White Folks and What That Says About Race in America The Architect Says: Quotes, Quips, and Words of Wisdom The United States Constitution: What It Says, What It Means: A Hip Pocket Guide Shit My Ghostwriter Says: Or How NOT to Make Money Writing Erotica What the Bible Says About Muhammad Rebbe Nachman Says... The Teachings of Rabbi Nachman by Rabbi Shlomo Carlebach What He REALLY Means When He Says... - The Ultimate Guide to Understanding Men, Knowing What They REALLY Think and How to Read Their Minds in Every Situation The Fertility Diet: Groundbreaking Research Reveals Natural Ways to Boost Ovulation and Improve Your Chances of Getting Pregnant How to Wash Your Face: America's Leading Dermatologist Reveals the Essential Secrets for Youthful, Radiant Skin Sex, Lies, and Handwriting: A Top Expert Reveals the Secrets Hidden in Your Handwriting

[Dmca](#)